

# What PSE Workers Say

I would have liked to see the union stand up more for faculty rights, particularly given the fact that our workloads roughly doubled, particularly during the first semester online

*There is no support offered. Expectations are higher than before the pandemic, to do more, with much less than. Business as usual and shame, blame on you if you cannot do it, we will find another who will do better. Disposable. You.*

I literally do not have time for self care. When am I supposed to go to chiro? If I use one of my 6 hours of uninterrupted time per day then I have to make that up another way

I would like to see some facilitated discussions about the pandemic experience so that we can process together what we have experienced and brainstorm how best to move forward.

**...absolutely NO ONE has reached out to ask me how I am doing since the beginning of the pandemic.**

I am in a one bedroom and could only teach in the living room. We had constant conflict over noise issues.

Who has time to access supports? Work starts early and ends late.

*It feels like nothing is being done.*

Few of my faculty peers have young children, and many have no children. This makes bringing up childcare issues difficult to gain traction with.

Workload is significantly increased, health implications, are huge and the demands of the job remain the same.

**There has been no true offering of support. The only support there is if you completely break down and literally lose your mind. Everything else is that we are to keep on keeping on.**

My faculty association is a joke. A complete joke. I did not feel that they stood up for us. Especially when it comes to issues relating employer pressuring us, my FA has been completely ineffective. I don't even let them know anything anymore as it won't help.

Administrators are not competent to deal with this

I'll stress again, that workload and remuneration are a significant foundation of positive mental health, and EPAP is no substitute for that.

...It's run like a company where we're just plastic bits that can be used up and thrown away. There's no healthy culture of caring...

When those who considered taking medical leave did not pursue it, many said that this would:

- Negatively impact students
- Negatively impact colleagues by giving them more work
- Hurt their position at work
- Be Financially detrimental